

# INSTRUCTIONAL METHODS FOR STUDENTS WITH ADHD

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## Cued Routines

- Using consistent, predictable sequences of activities in the classroom
- Using visual, auditory, or tactile cues to signal transitions and expected behaviors
- Helps students with ADHD by providing a structured environment that reduces anxiety and increases focus through clear, repetitive patterns.
- Helps prepare students for each part of the routine, increasing their ability to stay on task and manage time effectively
- (Vierstra, 2023)

## REWARD AND CONSEQUENCE IMMEDIACY

- Maintaining consistent and immediate responses to student behaviors
- Positive actions are praised
- Negative behaviors have set, appropriate consequences.
- Helps students with ADHD by providing clear expectations and a stable environment
- Students are more likely to understand the connection between their actions and outcomes, helping in self-regulation
- (Shire, 2018)

## Small Group Instruction

- Small groups for personalized attention and tailored instruction
- Provides a focused and supportive environment where needs are addressed
- Allows increased engagement and participation
- (Board, 2006)

## Hands-on and Use Manipulatives

- Direct interaction with materials and physical activities
- Makes learning more concrete and experiential.
- Effective for students with ADHD as it keeps them actively involved and maintain their focus
- Activities like experiments, building projects, or using manipulatives, helps students grasp concepts and retain information through sensory experiences.
- (Shire, 2018)

## REFERENCES

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